



Texas Network Preauthorization List

Network requirements for non-emergency preauthorization (prospective review) include:

- All surgeries
- Spine surgery for more than one level
- Artificial disc surgery
- Inpatient hospitalization
- Intradiscal Electrothermal Annuloplasty (IDET)
- Physical therapy treatments greater than 8 visits
- Sacral Iliac joint injection
- Home health nursing
- Occupational therapy treatments greater than 8 visits
- Aquatic therapy
- Chiropractic treatments greater than 8 visits
- Work hardening/work conditioning greater than 2 weeks
- Acupuncture
- Diagnostic procedures other than x-rays, i.e., magnetic resonance imaging (MRI), computerized axial tomography (CT scan)
- Bone density scans
- Electromyography (EMG) and nerve conduction velocity (NCV) testing
- Repeat diagnostics and MRI's (MRI/Scan of the spine within the first 4 weeks or repeat of all MRI for all body parts)
- Epidural steroid injections
- Facet injections
- Trigger point injections
- Botox injections
- Massage therapy
- Dental work over \$1000
- Gym memberships
- Durable medical equipment greater than \$500
- Interferential units
- External and implantable bone growth stimulators
- Psychological testing
- Psychotherapy, with social worker, psychologist or psychiatrist
- Biofeedback and pain management, initial evaluation and "full" chronic pain management programs (initial referral will not go for preauthorization)
- Home health care/aides physical therapy/aides
- Skilled nursing visits
- Investigational or experimental procedures/medications/devices
- Weight loss programs
- Chemonucleolysis
- Myelograms
- Rehab services
- Discograms
- Vax-D
- Nursing home, skilled nursing facility, convalescent or residential care admissions
- Orthotic devices
- TENS units
- Requests for long-term medications, especially narcotics



- Prolotherapy
- Morphine pain pump
- Manipulations under anesthesia
- Radiofrequency Thermocoagulation (RFTC) of facets joints
- RFTC or cryotherapy/cryoablation of any nerve or joint
- Neuromuscular stimulator devices
- All non- formulary Medications

Network requirements for concurrent review include:

- Inpatient length of stay reviews
- Ongoing course of treatment for any treatment listed in the preauthorization requirements.